

# Neuro-adaptive Tutoring Systems

*Neurophysiological-based recognition of affective-emotional and cognitive states of learners for intelligent neuro-adaptive tutoring systems*

04<sup>th</sup> September 2021

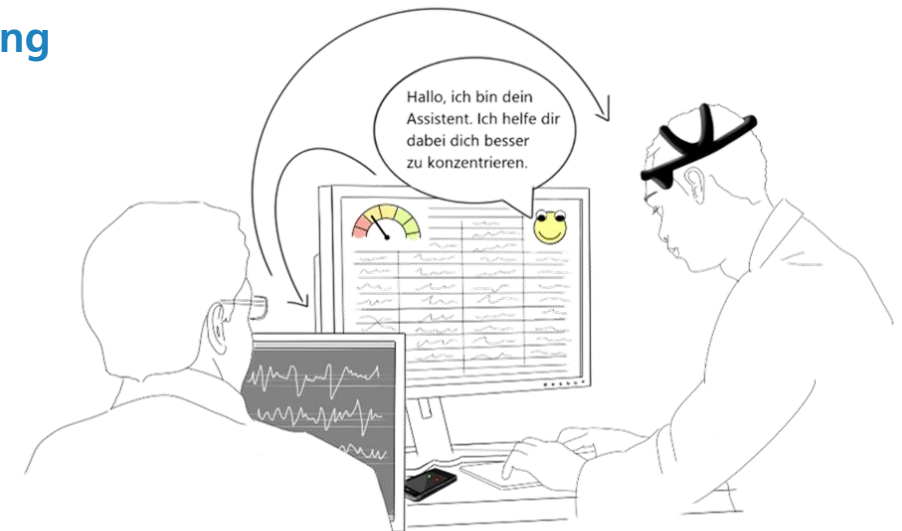
Katharina Lingelbach, Sabrina Gado and Wilhelm Bauer

# Motivation and Aim of the Project

## Monitoring learners' affective-emotional and cognitive states

- Exploration and decoding of **activation patterns from neurophysiological measures** to identify current **mental states** during an **interaction with technology**.
- A **neuro-adaptive system** is a system in which (1) **neurophysiological signals are recorded** in a closed human-technology loop, (2) **mental user states are interpreted** from these signals, and (3) **system behaviour is adapted** [1,2].
- Use case of **neuro-adaptive tutoring systems for education and training**
- Objectives:
  - Improve **human-technology interaction**,
  - Elicit **positive user experience**
  - Foster **satisfaction, self-efficacy, productivity, and well-being**.

»In every job that must be done, there is an element of fun«



[1] Wolpaw et al. (2002). Brain-computer interfaces for communication and control. *Clin. Neurophysiol. Off. J. Int. Fed. Clin. Neurophysiol.*, 113, 767–791.

[2] Zander, & Kothe (2011). Towards passive brain-computer interfaces: Applying brain-computer interface technology to human-machine systems in general. *Journal of neural engineering*, 8(2), 025005.

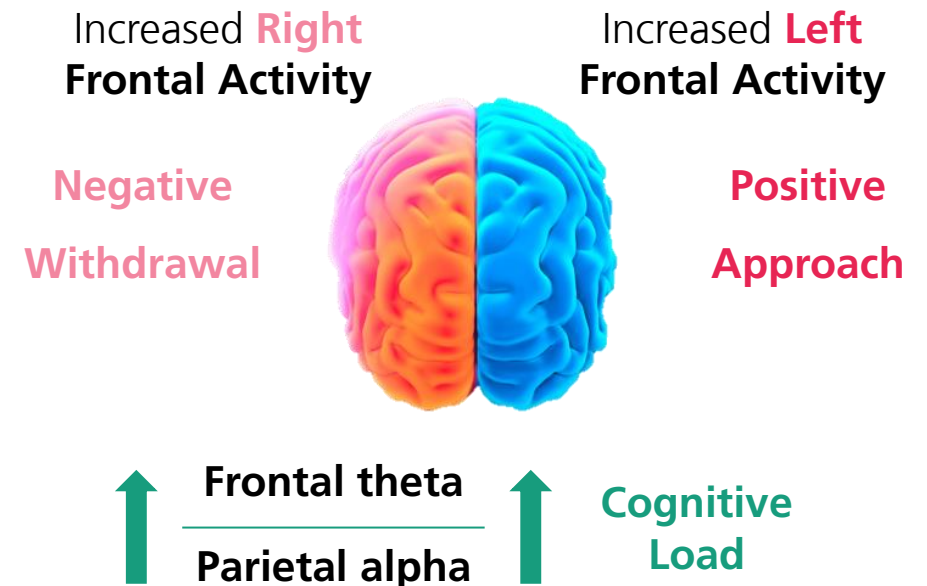
# Effects of Emotional Distractors on Working Memory Load

## State of the Art

- Detrimental effects of emotional distraction on cognitive processes [3-6]
- Strongest emotional interference when i) **cognitive load is low** and ii) distractors' **valence deviates from neutral** [3,7]

### Neurophysiological effects

- Investigating **emotion** & **cognition** with electroencephalography
  - **Emotion states: Frontal alpha** (8 – 12 Hz) **asymmetry** (FAA) [e.g., 8]
  - **Cognitive states: Ratio of frontal theta** (4 – 7 Hz) and **parietal alpha power** (WL) [e.g., 9]



[3] Cromheeke & Mueller (2014). Probing emotional influences on cognitive control: an ALE meta-analysis of cognition emotion interactions. Brain Struct Funct 219, 995–1008.

[4] Dolcos & Denkova (2014). Current emotion research in cognitive neuroscience: Linking enhancing and impairing effects of emotion on cognition. Emotion Review 6, 362–375.

[5] Jordan et al. (2013). Neural signatures of the response to emotional distraction: A review of evidence from brain imaging investigations. Front Hum Neurosci 7, 200.

[6] Wessa et al. (2013). Goal-directed behavior under emotional distraction is preserved by enhanced task-specific activation. Soc Cogn Affect Neurosci 8, 305–312.

[7] Shafer et al. (2012). Processing of emotional distraction is both automatic and modulated by attention: evidence from an event-related fMRI investigation. J Cogn Neurosci 24, 1233–1252.

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[9] Gevins et al. (1997). High-resolution EEG mapping of cortical activation related to working memory: Effects of task difficulty, type of processing, and practice. Cereb Cortex 7, 374–385.

# Research Question

## Decoding of affective-emotional and cognitive states

1. How well can we decode the interaction of mental states using theoretically supported correlates?
2. Can we predict subjective appraisal using neurophysiological correlates?
3. What effect has the feedback (appropriate vs. inappropriate) of recognized cognitive and affective-emotional states on performance and on a neurophysiological level (i.e., the feedback-related or error-related negativity)?

# Methods and Procedure

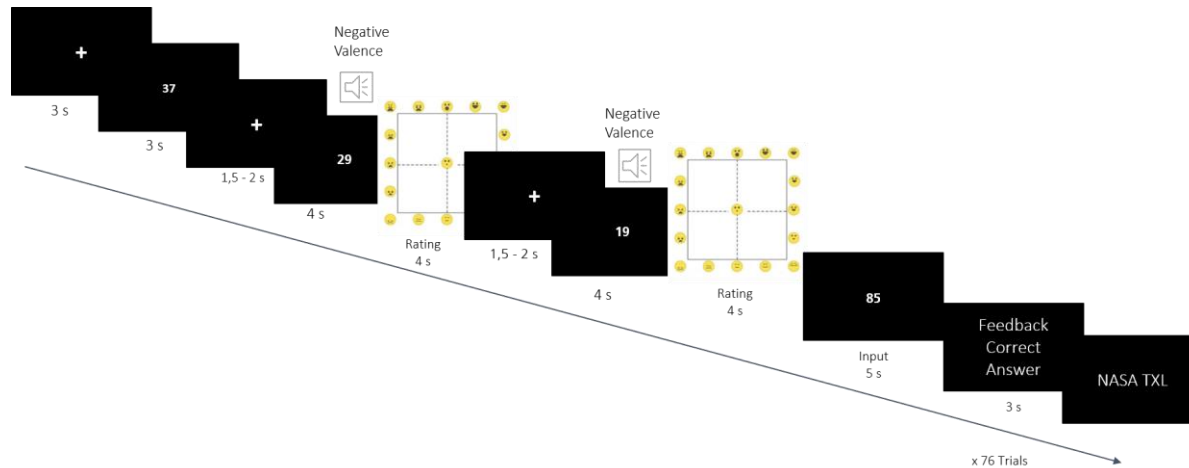
## N-Back with auditory emotional distraction

Auditory Stimuli:  
Positive, Neutral, or Negative



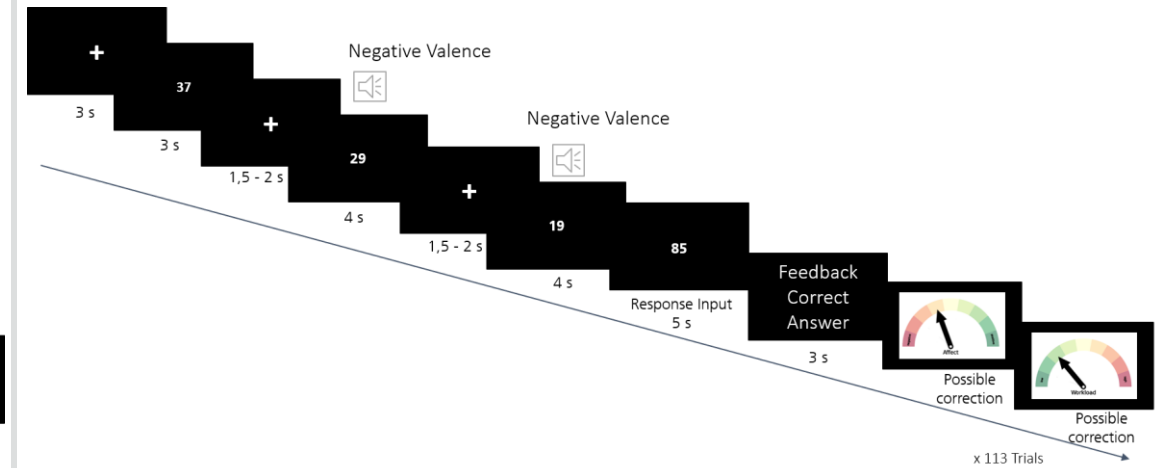
### Research Question 1 & 2

- $N = 8$  (three women;  $M = 23$  years;  $SD = 1.12$ )
- Paradigm: N-Back with auditory emotional distraction [3-5]
- EEG, EDA (electrodermal activity), behavioural measures and subjective ratings (Emoji-Grid, NASA TLX)



### Research Question 3

- $N = 7$  (four women;  $M = 25.48$  years;  $SD = 2.66$ ).
- Paradigm: N-Back with auditory emotional distraction [3-5]
- EEG, EDA (electrodermal activity) and behavioural measures



[10] Lingelbach et al. (2021). "Investigating the Emotion-Cognition Interaction: Effects of Affective Distractors on Working Memory Load," in The 3rd International Neuroergonomics Conference, Munich, Germany, September 11-16, 2021, (in-press).

[11] Lingelbach et al. (2021). "What I feel and what I say: Decoding neurophysiological correlates of cognitive and affective states," in The 3rd International Neuroergonomics Conference, Munich, Germany, September 11-16, 2021, (in-press).

[12] Gado, Lingelbach, et al. (2021). "Real-time feedback of subjective affect and working memory load based on neurophysiological activity," in The International Conference, HCI International 2021, Washington DC, USA, July 24-29, 2021, Proceedings (in-press). Springer.

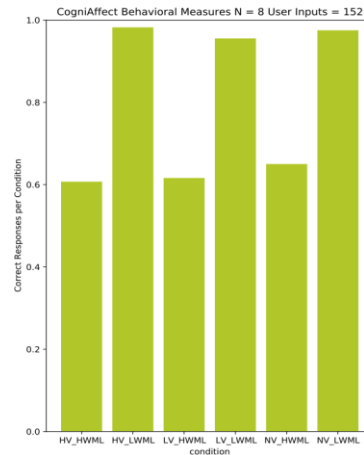
# Data Collection

## Overview of the Measures

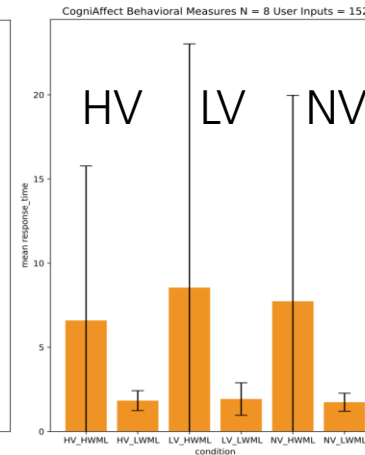


Neurophysiological Data: EEG, EKG, EDA

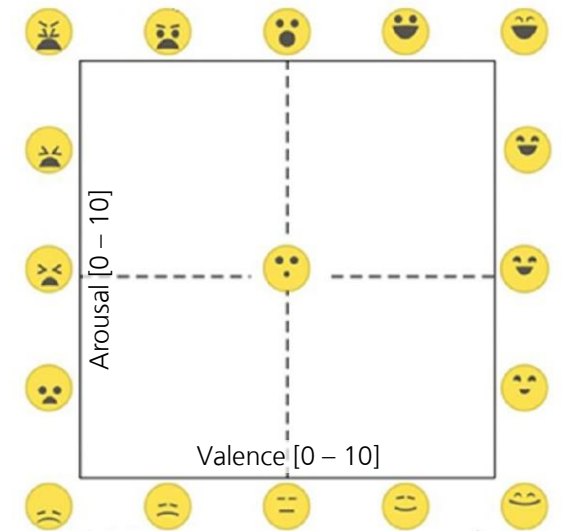
Accuracy



Response Time



Behavioral Data: Accuracy, Response Time



Subjective Ratings: Affect and Arousal (EmojiGrid) [6], Effort (NASA TLX) [7]

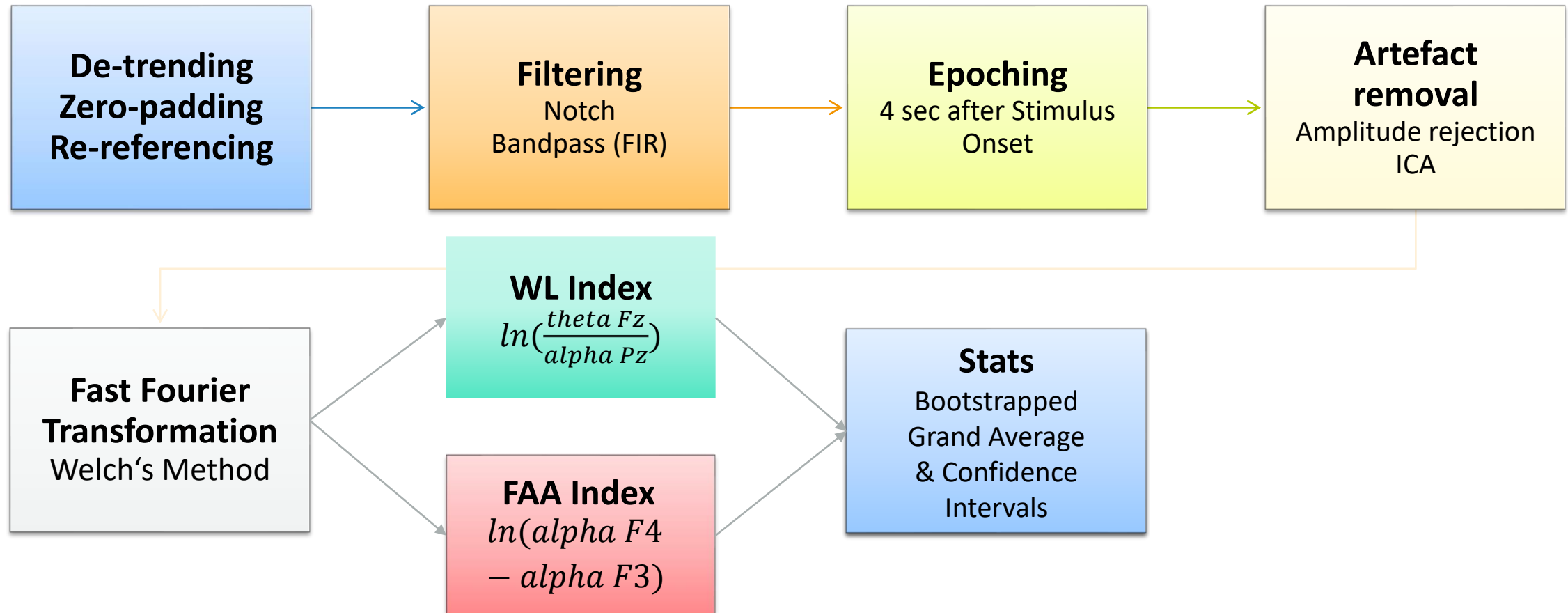
[13] Toet & van Erp (2019). The EmojiGrid as a tool to assess experienced and perceived emotions. *Psych*, 1(1), 469-481.

[14] Hart & Staveland (1988). Development of NASA-TLX (Task Load Index): Results of Empirical and Theoretical Research. In *Advances in psychology* (vol. 52, pp. 139-183). North-Holland.



# EEG Processing Pipeline

## Calculating the EEG correlates



[10] Lingelbach et al. (2021). "Investigating the Emotion-Cognition Interaction: Effects of Affective Distractors on Working Memory Load," in The 3rd International Neuroergonomics Conference, Munich, Germany, September 11-16, 2021, (in-press).

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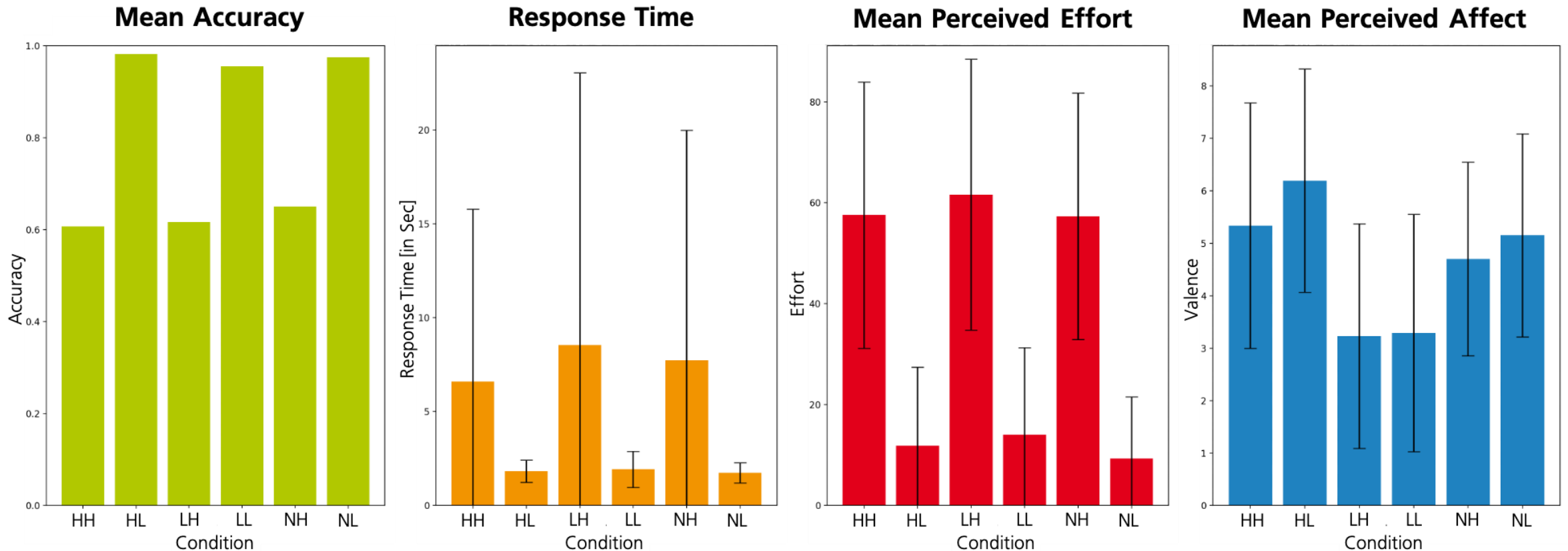


# Question 1

## Decode interacting states

# Results

## Behavioral and Subjective Measures

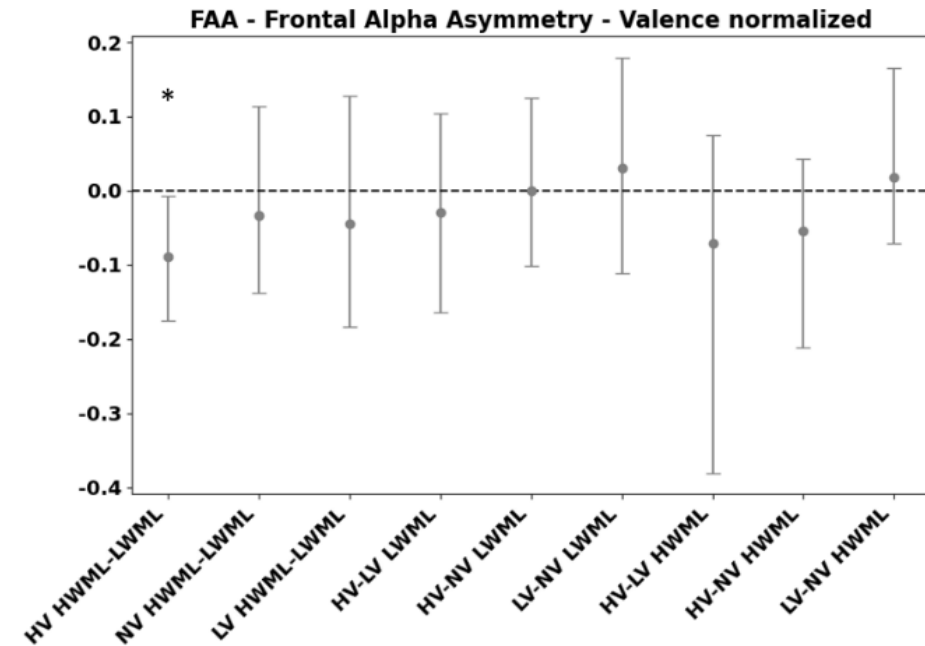
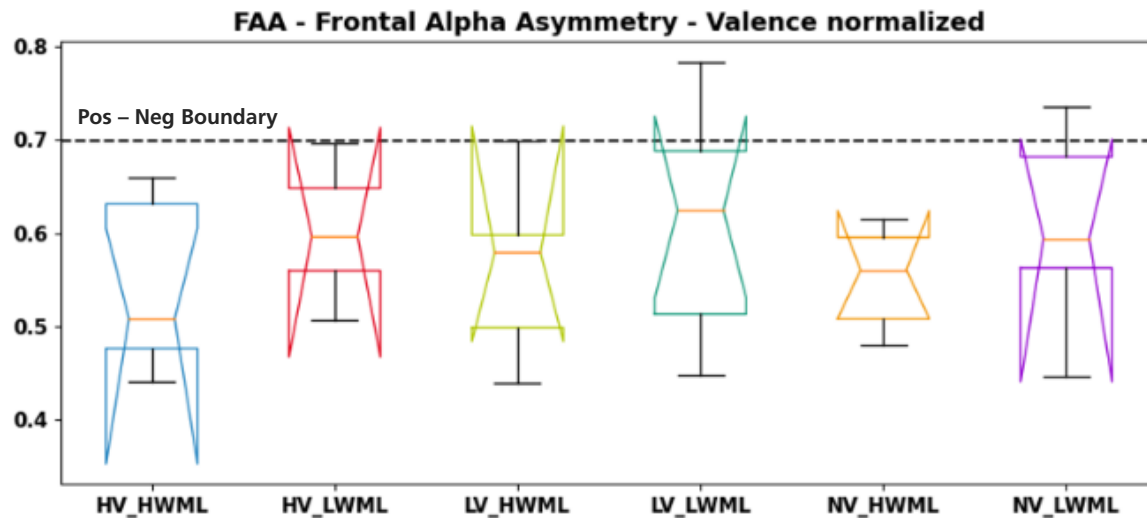


**Conditions:** **HH:** High Valence – High Working Memory Load, **HL:** High Valence – Low Working Memory Load, **LH:** Low Valence – High Working Memory Load, **LL:** Low Valence – Low Working Memory Load, **NH:** Neutral Valence – High Working Memory Load, **NL:** Neutral Valence – Low Working Memory Load. Error Bars: Standard Deviation.

# Effects of Emotional Distractors and WML

## Frontal alpha asymmetry

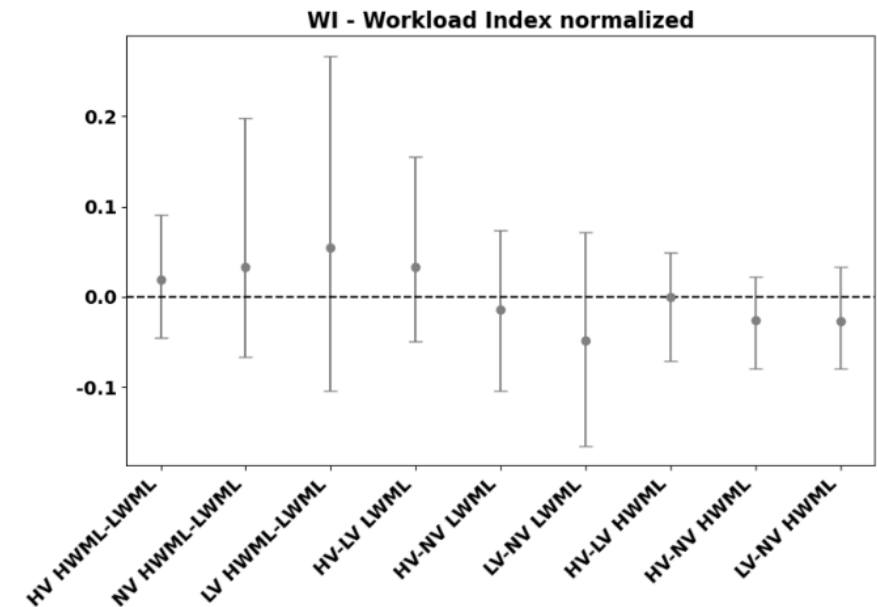
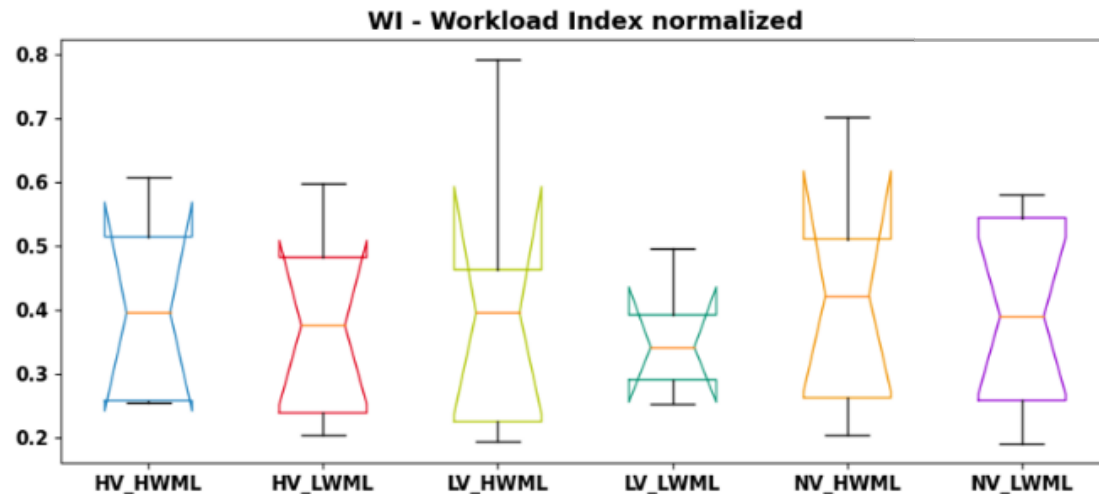
High Valence - High WL, High Valence - Low WL,  
 Low Valence - High WL, Low Valence - Low WL,  
 Neutral Valence - High WL, Neutral Valence - Low WL



- Emotional processing is altered by the level of working memory load
  - reduced FAA values and, therefore **less positive evaluation for positive stimuli under high working memory load**
  - emotional evaluation** was rather **negative** independent of the condition

# Effects of Emotional Distractors and WML Working Memory Load

High Valence - High WL, High Valence - Low WL,  
 Low Valence - High WL, Low Valence - Low WL,  
 Neutral Valence - High WL, Neutral Valence - Low WL



- 2 Neutral stimuli seem to have the strongest emotional interference effects during working memory load compared to positive and negative stimuli (non-significant trend).
  - There were no significant differences between the conditions.

# Question 2

## Predict subjective appraisal

# Decoding of Mental States

## ML Classifiers and Established Neuronal Correlates (FAA and WL Index)

### ■ Predictive Features

- channels and frequency used to calculate the indices (frontal alpha asymmetry: F3 – alpha, F4 – alpha; and working memory load coefficient: Fz – theta, Pz – alpha)
- Hjorth measures of mobility (proportion of standard deviation of the frequency spectrum) of the respective channels
- Hjorth measures of complexity (change within the frequency band) of the respective channels

### ■ Average classification accuracy of the training and test set (**balanced accuracy**) is compared to an **empirical baseline (dummy classifier)**

### ■ Classifiers:

- LR: Logistic Regression,
- SVM: Support-Vector Machine,
- KNN: k-Nearest Neighbor,
- RFC: Random Forest Classifier,
- GBC: Gradient Boosting Classifier,
- GNB: Gaussian Naïve Bayes

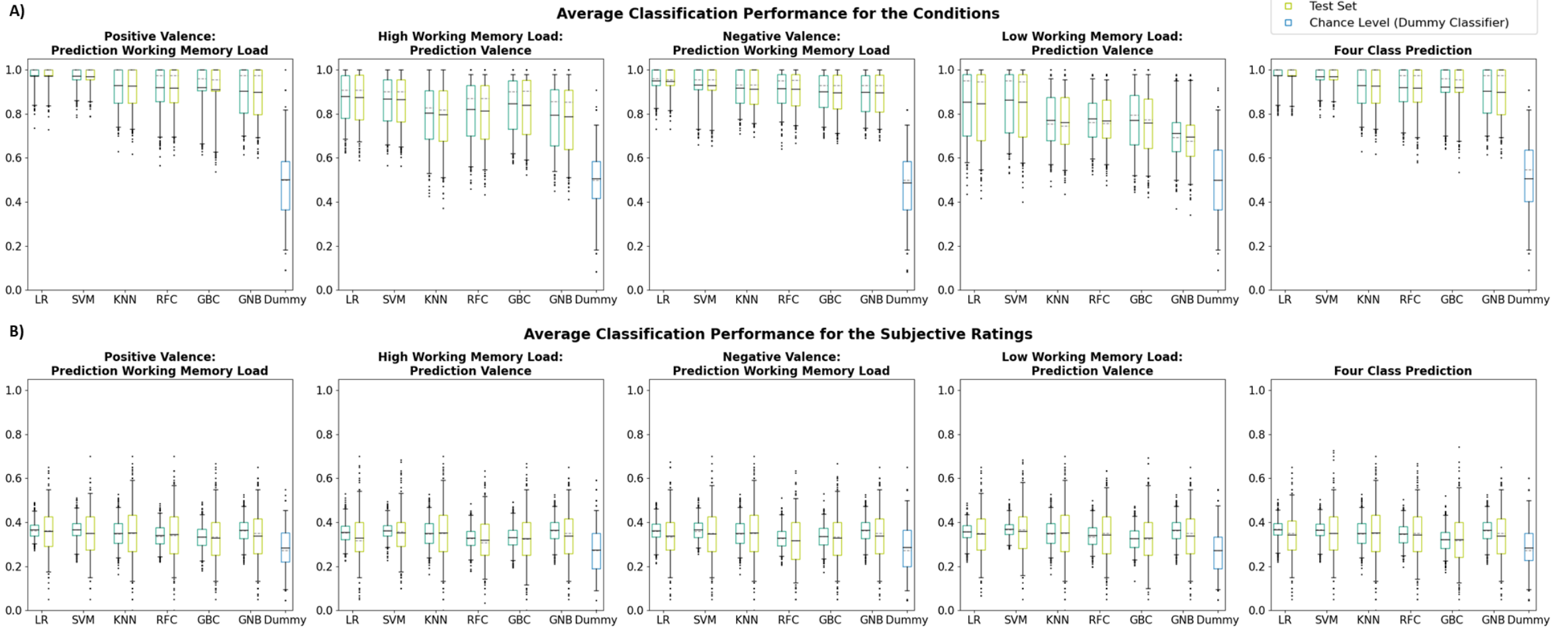
### ■ **Classical ML pipeline** with Train-Test Split (80:20), Inner-Outer-Cross-validation, GridSearch for Hyperparameter Optimization

### ■ **Monte Carlo Simulation** (100 repetitions) to compute **bootstrapped confidence intervals**

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# (Offline) Decoding of Mental States

## High accuracy for conditions but not subjective labels



# Results of Study 1

## A matter of choosing the ground truth

- **Research Question 1: We could successfully predict cognitive states under different affective-emotional conditions and affective-emotional states under low and high working memory load.**
  - Classification performance of the affective-emotional states was lower compared to the cognitive state recognition
  - Potential Explanation: EEG Signatures indexing cognitive states are more robust and distinguishable compared to signatures indicating affective-emotional states
- **Research Question 2: We could not predict subjectively rated labels from neurophysiological signals.**
  - Decrease in decoding performance might be explained by modulating effects, such as social desirability, cognitive dissonance for self-image maintenance, or limited ability to reliably estimate past experiences.



# Question 3

## Effect of feedback

# Study 2 User Reactions to the Feedback

## Acceptance and Experience

- Explore users' **feedback error tolerance**
- Adequate or inadequate sham **feedback**
- Feedback: 80% consistent with the experimental condition (adequate feedback) and 20% inconsistent (inadequate feedback)
- Possibility to **correct** the feedbacked states according to own perception by clicking in the respective field

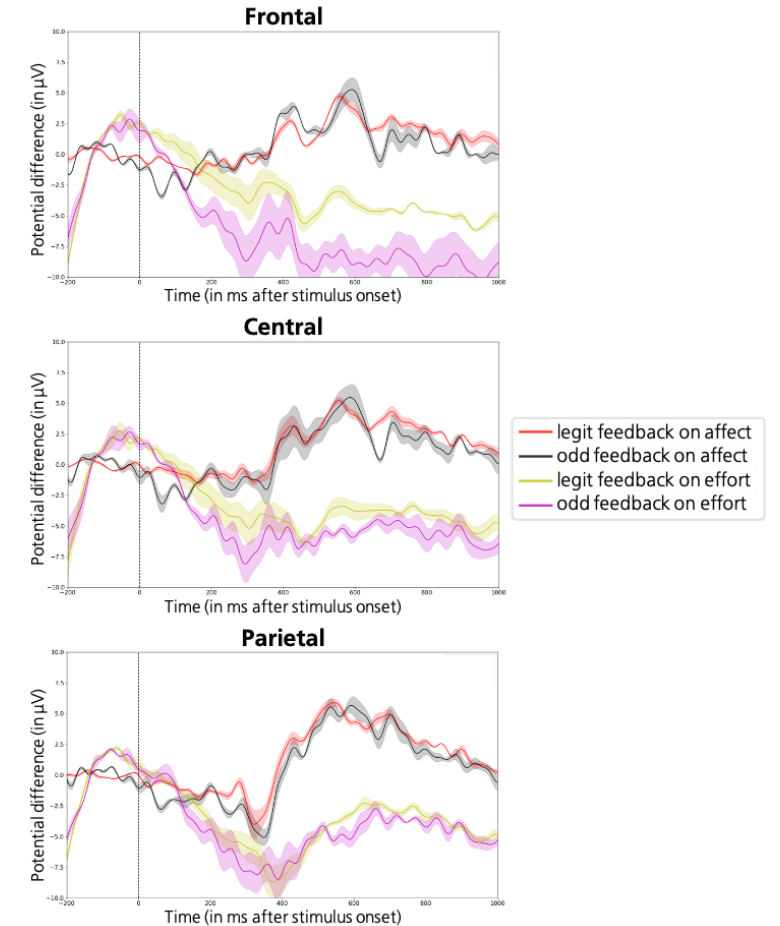
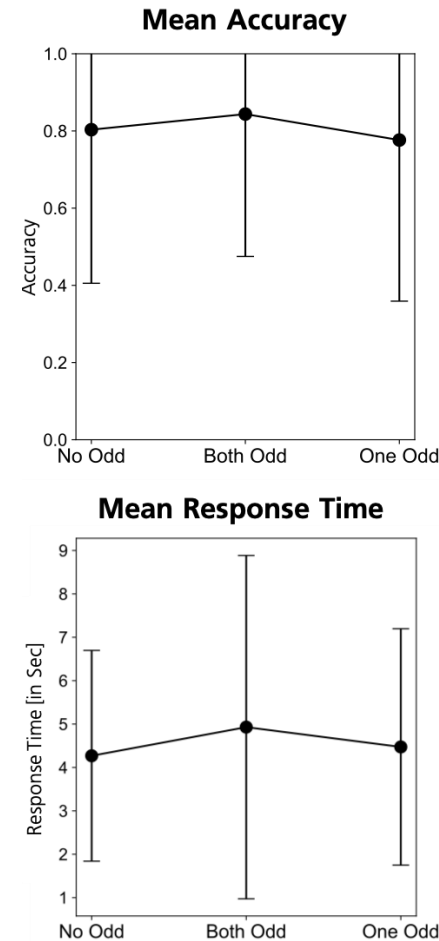


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# Results of Study 2

## Users' Reactions on Feedback

- **More likely to correct inadequate feedback**
- Increased working memory load did not change the probability to adjust a feedback.
- **No influence of the feedback condition on participants' performance** (accuracy and response time).
- No differences between the feedback conditions on a neurophysiological level (ERPs)
- **Evaluation: wish for detailed explanation on the underlying computations**



[12] Gado, Lingelbach, et al. (2021). "Real-time feedback of subjective affect and working memory load based on neurophysiological activity," in The International Conference, HCI International 2021, Washington DC, USA, July 24-29, 2021, Proceedings (in-press). Springer.

# Conclusion

Research is formalized curiosity. It is poking and prying with a purpose (Zora Hurston)

- 1 Emotional processing is altered by the level of working memory load with strongest effects on positive stimuli
  - 2 Neutral auditory distractors seem to induce additional workload compared to emotional stimuli
  - 3 Reference-based more objective labels could be predicted but not the individual subjective label.
- ! Future research is necessary to investigate new approaches that not only explain the consequences of the interaction, but the interaction process itself and predict it!

**Implications** of this research include (1) **higher context sensitivity** and (2) **holistic evaluation** of identified mental states in **safety-critical environments**, e.g., during driving or in human-computer interactions.

# Thank you for your attention!



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## References

- [1] Wolpaw, J. R., Birbaumer, N., McFarland, D. J., Pfurtscheller, G., & Vaughan, T. M. (2002). Brain-computer interfaces for communication and control. *Clin. Neurophysiol. Off. J. Int. Fed. Clin. Neurophysiol.*, 113, 767–791.
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- [7] Shafer, A. T., Matveychuk, D., Penney, T., O'Hare, A. J., Stokes, J., and Dolcos, F. (2012). Processing of emotional distraction is both automatic and modulated by attention: evidence from an event-related fMRI investigation. *J Cogn Neurosci* 24, 1233–1252. doi:10.1162/jocn\_a\_00206
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- [15] Video Link: <https://youtu.be/usoU87BaEyY>